



New Armstrong CPD is fit for online

Armstrong Ceilings has launched its second online CPD, this time on fit-outs.

A [RIBA-approved online CPD](#) designed to help specifiers overcome the design challenges of fit-out projects has been launched by Armstrong Ceilings.

“Fit-out solutions for Category A and B ceilings,” meets RIBA’s core curriculum criteria of designing and building (design, construction, technology and engineering) at general awareness level.

It details how specifying the correct ceiling and wall solution can help achieve performance requirements, user comforts and sustainability for refits and retrofits alike. And how Armstrong Ceilings’ recycling programmes can help when a newly-installed Category A fit-out has to be ripped out for a Category B fit-out to be installed, by diverting the “old” ceiling tiles from landfill.

The CPD explains how the economy has driven the refit sector, with property owners choosing to upgrade existing office space rather than building from new or buying purpose-built. Refit now accounts for 45% of all office work, the remainder comprising new-build, retrofit and conversion.

It also explains how a suspended ceiling is the perfect structure from which to run and conceal services such as lighting, sensors, sprinklers and AV equipment, and how canopies and luxurious materials such as metal or wood can bring the wow factor to spaces such as board rooms, regardless of whether the contract is procured traditionally or as Design and Build or Regulated Design and Build.

But as well as being a medium or aesthetic, ceilings can also provide fire and anti-microbial resistance and acoustic optimisation, and using the thermal mass of a building, help to reduce reliance on air conditioning and therefore save energy costs.

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Armstrong's new CPD talks designers through the myriad of regulations and legislation relating to fit-out projects and how using one supplier with a vast range of materials and systems to choose from and an approved network of specialist sub-contractors to install them, backed up by peerless technical support and guarantees, offers ultimate convenience and peace of mind. This one-stop-shop facility is illustrated with case studies from the office, education and leisure sectors.

Armstrong's new online CPD can be viewed at http://www.armstrong.co.uk/commclgeu/eu1/uk/gb/RIBA_seminars.html or <http://www.ribacpd.com/armstrong-ceilings-ltd/00487/fitout-solutions-for-cat-a-and-cat-b-ceilings/293652/movie/>.

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